

Welcome to the Lyceum Alpinum Zuoz Info Pack Junior Day Camps 2025

Introduction

In this document, you can find all necessary information about our Junior Day Camps at the Lyceum Alpinum Zuoz. To ensure that your child/children can make the most of the camp experience, we kindly ask you to **read this information package carefully**.

Arrival

- Monday, 7 July 2025 at 8:00 am
- Monday, 14 July 2025 at 8:00 am
- Monday, 21 July 2025 at 8:00 am
- Monday, 28 July 2025 at 8:00 am

Please follow the signs to the check-in area where you will be welcomed by Mrs Tiziana Tuena and Ms Sabrina Casty, our Camps Coordinators, and Mr Carlo Ostlender, the Junior Day Camp Manager.

We would like to recommend that you personally bring your child/children to the Lyceum Alpinum Zuoz on the first day. It will give you the chance to meet Mr Ostlender and the teachers.

Departure

- Friday, 11 July 2025 at 4:00 pm
- Friday, 18 July 2025 at 4:00 pm
- Friday, 25 July 2025 at 4:00 pm
- Friday, 1 August 2025 at 4:00 pm

Each Friday, we would like to show you what your child/children have done during the week, so we invite you to a short get-together at the school from 3:30-4:00 pm. If you cannot take part, please inform the Junior Day Camp Manager.

Junior Day Camp Manager

The manager of the Junior Day Camp is Mr Carlo Ostlender. He can be reached at **+41 76 487 81 20** every day from 8:00 am to 8:00 pm or at camps@lyceum-alpinum.ch, starting Monday, 7 July 2025.

Morning lessons

The language courses are taught by teachers from the academia-group Zurich. We no longer ask the children to complete a language test in advance. Instead, the language teachers will assess each participant on the first morning and make classes according to their level.

Afternoon programme

A detailed weekly programme will be sent to you 10 days before the start of the Junior Day Camp.

Pick-up service

Every morning, we will pick up your child/children from the selected pick-up point and bring them to the school. **Please [log into your child's account and fill in the necessary information, if you wish to book this service](#)**. 10 days before the Junior Day Camp starts, we will send you the pick-up/drop-off schedule for your child/children. The pick-up/drop-off schedule may change on a daily basis.

We do not offer a shuttle service to school on the first Monday morning of each week. This service will start every Monday at 4:00 pm, and the service is free of charge.

Clothing and school materials

Zuoz is located at 1,750 metres above sea level and enjoys a sunny high-alpine climate.

The following clothing is essential:

- sneakers
- hat
- sunglasses
- sun cream
- raincoat
- fleece pullover

We will provide the necessary school material.

Regulations/Conduct

Our school reserves the right to send home anyone whose behaviour is incompatible with our school rules.

Insurance coverage

The Lyceum Alpinum Zuoz does not offer insurance coverage. Parents are responsible for organising suitable health and accident insurance as well as third party liability cover for the period of their child's stay in Zuoz, including their travelling time to and from Zuoz.

Medical information

Our nurse will be available around the clock. If your child/children have something, we will contact you immediately. In serious cases, we will take your child/children to the regional hospital in Samedan.

- Please make sure to leave any medication your child/children needs and the detailed instructions with our camp manager.
- Please inform us about any allergies and other vital information about your child's health.