

# International Summer Camp Zuoz in Motion! Sports & Activities

### Introduction

The participants will be doing different types of sport on the Lyceum Alpinum Zuoz campus and in the Engadin valley.

#### Afternoon sports activities

- Rope park
- Nature adventure
- Bowling and indoor climbing
- Archery parkour outdoor
- Swimming
- Golfing
- Sports on the campus
- Mini olympic games

## **Evening activities**

The participants can choose between following offers:

- Football
- Badminton
- Tennis
- Basketball
- Beach volleyball
- Games and disco night
- Handcraft
- Drones workshop
- Nature adventure
- Dance
- Yoga

#### Weekend activities

• River Rafting, Swimming in the lake, Minigolf, Boccia, and many more



